

Health and Wellness Management

(AS General Studies with Concentration in Health and Wellness Management)

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Program: General Studies

AS HEALTH AND WELLNESS MANAGEMENT – Guided Pathway/Map

1st Semester

MUS 101 may be substituted per Business advisor's approval.

Item #	Title	Credits
ORI 110	Freshman Seminar	1
ENG 101	English Composition I	3
MUS 101	Music Appreciation	3
BIO 103	Principles of Biology I	4
SOC 200	Introduction to Sociology	3
HED 224	Personal and Community Health	3
	Sub-Total Credits	17

2nd Semester

Item #	Title	Credits
ENG 102	English Composition II	3
BIO 104	Principles of Biology II	4
MTH 112	Precalculus Algebra	3
PSY 200	General Psychology	3
HED 231	First Aid	3
	Sub-Total Credits	16

3rd Semester

HIS 201 and ART 100 may be substituted per Business advisor's approval.

Item #	Title	Credits
HIS 201	United States History I	3
ART 100	Art Appreciation	3
PSY 210	Human Growth and Development	3
HED 232	Care and Prevention of Athletic Injuries	3
PHL 206	Ethics and Society	3
	Sub-Total Credits	15

4th Semester

ENG 251 and HIS 202 may be substituted per Business advisor's approval.

Item #	Title	Credits
ENG 251	American Literature I	3
BUS 275	Principles of Management	3
BIO 201	Human Anatomy and Physiology I	4
CIS 146	Computer Applications	3
HIS 202	United States History II	3
	Sub-Total Credits	16
	Total credits:	64