

# Sports Medicine

*(AS General Studies with Concentration in Sports Medicine)*

## (Transfer Option)

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## At a Glance

Students will increase their knowledge of Sports Medicine, Health, and First Aid as they plan to transfer into Sports Medicine.

## Program Description

The Sports Medicine focus is designed to prepare students to assist with health-care issues of athletes. These highly qualified professionals work closely with physicians and other health-care workers and must be knowledgeable in anatomy, physiology, kinesiology, hygiene, nutrition, bracing, taping, conditioning, injury prevention, recognition and evaluation, emergency procedures, and protective equipment.

Sports Medicine Technicians may be employed in health clubs, sports medicine clinics, clinical and industrial health care programs, corporate health programs, and athletic training curriculum programs. Field experience allows the student to gain valuable knowledge in observation and assistance in health care and athletic-training facilities. Students will work under the supervision of professionals in the field. General required courses may be completed concurrently with major required courses.

**Program:** [General Studies](#)

## AS SPORTS MEDICINE – Guided Pathway/Map

### 1st Semester

Item #	Title	Credits
ORI 110	Freshman Seminar	1
ENG 101	English Composition I	3
MUS 101	Music Appreciation	3
BIO 103	Principles of Biology I	4
SOC 200	Introduction to Sociology	3
HED 224	Personal and Community Health	3
	Sub-Total Credits	17

## 2nd Semester

<b>Item #</b>	<b>Title</b>	<b>Credits</b>
ENG 102	English Composition II	3
BIO 104	Principles of Biology II	4
MTH 112	Precalculus Algebra	3
HIS 201	United States History I	3
HED 231	First Aid	3
	Sub-Total Credits	16

## 3rd Semester

<b>Item #</b>	<b>Title</b>	<b>Credits</b>
ENG 251	American Literature I	3
HUM 101	Introduction to Humanities I	3
PSY 200	General Psychology	3
HED 232	Care and Prevention of Athletic Injuries	3
PED 100	Fundamentals of Fitness	3
	Sub-Total Credits	15

## 4th Semester

<b>Item #</b>	<b>Title</b>	<b>Credits</b>
ENG 252	American Literature II	3
PED 200	Foundations of Physical Education	3
BIO 201	Human Anatomy and Physiology I	4
PED 295	Practicum in Physical Education	3
PSY 210	Human Growth and Development	3
	Sub-Total Credits	16
	<b>Total credits:</b>	<b>64</b>