

# PSG 110: Introduction to Polysomnography

This course provides an introduction and orientation to a health career in the field of polysomnography, including terminology, specific duties, roles of the sleep technologist, credentialing and licensure requirements, work setting/ conditions, career ladder opportunities, HIPAA, patient confidentiality, professional behavior, professional practice, patient interaction, documentation, charting, patient flow process and patient assessment items, and safety issues. An overview of standards of practice of clinical polysomnography with emphasis on technique, instrumentation, terminology of polysomnographic practices, and recording/monitoring techniques utilized will be presented. Upon completion, the student will have a basic understanding of the polysomnographic field of practice. As needed.

**Credits:** 3

**Transfer Code:** Code C

**Lab Hours:** 0

**Lecture Hours:** 3

**Program:** Polysomnography Technology

**Semester Offered:**

Fall